

The following recommendations concerning diagnostic and treatment methods for persons with environmental sensitivities are from the Thomson Report (Ontario, 1985).

I hope you can support them!

Recommendation 7: We recommend the following procedures as being of demonstrable validity and worthy of initial or continued financial support:

- 1) patient histories
- 2) routine lab tests
- 3) nasal inhalation challenges
- 4) double blind food challenges
- 5) indoor air quality testing
- 6) The Rinkel technique (when used for diagnostic purposes)

Recommendation 11: We find that the following treatments have been demonstrated to have validity and should receive initial or continued public financial report:

1. avoidance
2. the prescription of nutritionally safe diets

Judge George Thomson
Report of the Ad Hoc Advisory Committee on Environmental Sensitivity Disorders
Ontario 1985